



radio one

on



Channel 169

SCHEDULE - Eastern Standard Time - Eff. Jan 2, 2017

ET		Mon	Tue	Wed	Thu	Fri		Saturday		Sunday	ATL	ET	CEN	MTN	PAC	
6:00	NEWS	Rewind					NEWS		The Next Chapter	NEWS	Day Six	7:00	6:00	5:00	4:00	3:00
7:00	NEWS	Spark	Tapestry	My Playlist	Backstage	Now or Never	NEWS	Unreserved	NEWS	The Story From Here	8:00	7:00	6:00	5:00	4:00	
8:00	NEWS	The Doc Project	Under the Influence	Laugh Out Loud	Irrelevant Show	The Debaters	NEWS	Writers and Company	World Report	The House	9:00	8:00	7:00	6:00	5:00	
9:00	8:37 World Report	The Current					NEWS		The House	World Report	The Sunday Edition	10:00	9:00	8:00	7:00	6:00
10:00	NEWS	q					NEWS		Day Six	NEWS		11:00	10:00	9:00	8:00	7:00
11:00	NEWS						NEWS		Because News	NEWS	Out in the Open	12:00	11:00	10:00	9:00	8:00
12:00	NEWS	Because News	The Doc Project	The Debaters	Under the Influence	Campus		Under the Influence		The 180		1:00	12:00	11:00	10:00	9:00
1:00	NEWS	The Next Chapter	Unreserved	The Story From Here	Out in the Open	The Doc Project Laugh Out Loud	NEWS	The Irrelevant Show	NEWS	Spark	2:00	1:00	12:00	11:00	10:00	
2:00	NEWS	The 180	Podcast Playlist	Spark	Now or Never	Canada Live	NEWS	Podcast Playlist	NEWS		Tapestry	3:00	2:00	1:00	12:00	11:00
3:00	NEWS	Ideas in the Afternoon	Writers & Company	Quirks & Quarks	Tapestry	Marvin's Room	NEWS	Now or Never	NEWS	Writers & Company	4:00	3:00	2:00	1:00	12:00	
4:00	World This Hr	Laugh Out Loud	Because News	Irrelevant Show	The Debaters	Under the Influence	NEWS	The Next Chapter	NEWS	Cross Country Checkup	5:00	4:00	3:00	2:00	1:00	
5:00	NEWS	The Current					NEWS		Rewind			6:00	5:00	4:00	3:00	2:00
6:00	World at Six	CBC News: The World At Six					NEWS		World this Weekend	NEWS	World this Weekend	7:00	6:00	5:00	4:00	3:00
7:00	NEWS	As It Happens					NEWS		Laugh Out Loud		The Irrelevant Show	8:00	7:00	6:00	5:00	4:00
8:00	NEWS	q					NEWS		Randy Bachman's Vinyl Tap	NEWS	Marvin's Room	9:00	8:00	7:00	6:00	5:00
9:00	NEWS	Ideas					NEWS		Saturday Night Blues	NEWS	My Playlist	10:00	9:00	8:00	7:00	6:00
10:00	NEWS	The Current Review					NEWS			Backstage	NEWS	Backstage	11:00	10:00	9:00	8:00
11:00	NEWS	Quirks & Quarks	Out in the Open	Podcast Playlist	The Story from Here	Randy Bachman's Vinyl Tap	NEWS	A Propos	NEWS	Out in the Open	12:00	11:00	10:00	9:00	8:00	
12:00	NEWS	As It Happens - The Midnight Edition					NEWS		The House	NEWS	The Sunday Edition 'Round Midnight'	1:00	12:00	11:00	10:00	9:00
1:00	NEWS	Rewind					NEWS		Canada Live	NEWS	Rewind	2:00	1:00	12:00	11:00	10:00
2:00	NEWS	q					NEWS		The Doc Project	NEWS	A Propos	3:00	2:00	1:00	12:00	11:00
3:00	NEWS	Ideas					NEWS		Campus	NEWS		Tapestry	4:00	3:00	2:00	1:00
4:00	NEWS	Backstage	Marvin's Room	Unreserved	Centre Stage	Spark	NEWS	Now or Never	NEWS	Canada Live	5:00	4:00	3:00	2:00	1:00	
5:00	NEWS	Story From Here	Writers & Company	The Next Chapter	Quirks & Quarks	My Playlist	NEWS	Centre Stage	NEWS	R2 Top 20	6:00	5:00	4:00	3:00	2:00	